Christian Voices for Life

Wednesday Word

Prayer

Information

Action

Your Daughter's Friend is Pregnant

Education: Your teen daughter is upset. After assuring her you will keep her confidence, you convince your daughter to tell you what is troubling her. Her friend has confided to her that she is pregnant, and is considering abortion. Her boyfriend is angry that she allowed it to happen, and says he will deny the baby is his. She is scared to tell her parents and face their anger and disappointment. She feels like her life would be over if she has a baby at this point in her life. Now what do you do?

You express your concern for her friend. She is in a really tough spot. You can understand how she just wants the pregnancy to go away. Assure your daughter that you want to help her friend. So many women think abortion is their only acceptable choice when they make that decision, but then they later come to regret it and suffer from it for many years. You don't want her friend to make a decision that she will regret for the rest of her life. Abortion is not an "undo" button – it kills a living child. Maybe her parents would be supportive once they have a chance to get over their initial response, and also learn about the help available for you. You don't have all the answers but you can tell your daughter to tell her friend about the Option Line. She can call (800-712-HELP) or go online at OptionLine.org and chat with someone 24/7. Tell her that this is a life-changing decision and she should really be sure she knows as much as possible about the options and possible consequences before making a decision.

Few teens will be receptive to adoption, thinking that that would be being a bad mother. Tell your daughter that adoption is a loving option, not abandonment of a child but a plan to provide a good home for the child if the birth parents are unable to do so. The Option Line can refer her friend to the nearest pregnancy center for ongoing help in person. If her friend needs a ride to the pregnancy center, you would be happy to take her, or find her a ride somehow. You and your daughter will stand by her and do whatever they can to help her get through this. She is not alone.

Prayer: Dear Jesus, please help every young woman who is distressed at being pregnant to know that she is not alone. Help her to be reminded of Your presence and unfailing love for her. Help her to learn of the help available at the Option Line and the local pregnancy center. Help her to be confident that the choice for life is the best choice, and to find friends and family members who will support her. Help her to know that you will give her the strength and the grace to get through the difficult times, and guide her in making decisions as she plans her future. Help her to see adoption as a loving option to provide her child with a stable and loving home if she is not ready to parent herself.

Action: Tell your teen daughters; tell your friends who have teen daughters (or granddaughters) about the Option Line. Spread the word to every young woman – and man – who might be in a position to learn of a friend's pregnancy. Tell them that millions of women suffer from their past abortions, both physically and emotionally, sometimes turning to drugs or alcohol to numb the pain. A wealth of Information about the effects of abortion is available at AfterAbortion.org.