Christian Voices for Life

Wednesday Word

Education
Prayer
Action

3 Things a Doctor Should Tell a Woman Unhappy to be Pregnant

Education: The large majority of abortions are obtained at abortion clinics or Planned Parenthood, separated from hospitals or doctors who have a general Ob-gyn practice. But your ob-gyn or family practice doctor has very likely encountered and will continue to encounter patients who are unhappy to be pregnant. Even if they are not planning to abort, they may be pressured into doing so once they inform others of the pregnancy. Even if abortion is illegal in that state, residents are still getting abortions by traveling to another state or getting abortion pills online. Some doctors may feel obliged to give referrals to abortion in order to allow the patient her "right to choose". Medical schools do not educate residents about help that is available from pregnancy centers, or how millions of women have deeply regretted their abortions, even in cases of rape. To really help their patients, they need to tell their patient 3 things:

1. A pregnancy (especially for an unmarried teen) may seem like it will ruin your life, but there is help available. It is possible to finish school and have a good life. The Option Line is available 24/7 in English or Spanish. You can talk to someone immediately and then be referred to the nearest pregnancy center.

2. While a pregnancy will have consequences they may not want to face, abortion also has consequences, Millions of women deeply regret their decision, even if the pregnancy was the result of rape. Abortion will change your life in a very negative way.

3. Adoption is another loving option. It is not abandonment of your baby but a way to provide your baby with a good home, with parents of your choice, when at this time in your life you are not able to do that.

By providing this information, a doctor is helping a patient to make an informed decision about how to handle their pregnancy.

Prayer: Dear Lord, please extend your mercy to the doctors and other clinic workers involved in the abortion industry. Please remove from their hearts and minds any misconceptions they may have that abortion helps women. Give them the courage to face the truth that abortion kills an innocent child, and walk away from their involvement. Help all doctors to be informed about the help that is available for women at pregnancy centers, and the life-changing consequences of abortion. Help them to be willing and able to refer their patients who are very unhappy to be pregnant to real help with alternatives to abortion.

Action: **Ask your Ob-gyn or family practice doctor about what he tells patients who ask about abortion, or seem very unhappy to be pregnant.** Encourage him to refer those patients to OptionLine.org, where they can speak to someone immediately, and get a referral to the local pregnancy center. They can get good information, emotional support and practical help to reach the best possible outcome for both mother and baby. So many women who abort deeply regret their decision, and abortion is still available with online pills, or travel to other states. The national Option Line is available at www.OptionLine.org or **800-712-HELP** to chat online or speak to callers (24/7, Eng/Span). Business cards with the Option Line website and phone number are available at pro.life. **Please talk to him and bring him "**https://christianvoicesforlife.org/wp-content/uploads/2025/04/7-Things-Every-Family-Doctor-Should-Know-List.pdf", with information about contraceptives and abortion pill reversal, as well as Option Line.