



# Christian Voices for Life

## Wednesday Word

Education  
Prayer  
Action

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### Unwanted - and Uninformed - Abortion Studies

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**Education:** Abortion is seen by some as something women want, and should be allowed to choose. For a woman to have a true choice about any medical procedure, she needs to be fully informed about both the nature of the procedure, its benefits and risks, and alternative choices available. For abortion however, that is rarely the case. Abortion facilities sell abortions. Views of the ultrasound are denied, and the physical risks not discussed. Pro-abortion leaders deny post-abortion trauma and depict pregnancy centers as misleading and manipulative.

A recent summary of the findings of six different studies indicated that two thirds (about 67%) of women reported that their abortion had gone against their own values, and 60% of women reported that they would have preferred to give birth if they had had more support from others or were more financially secure. 61% of women reported a high level of pressure to abort either from partner, family or financial concerns. (1)

Both women themselves, and many of those who coerce a woman to abort may be quite uninformed of the risks of abortion related to both physical and psychological consequences. Women who would have preferred abortion if they had more support may have often been uninformed about the support that is offered by pregnancy centers and other pro-life organizations.

Even after an average of 20 years after their abortions, 45% of post-abortive women reported moderate to high emotional distress that they attributed to their abortion. Pressure from other people is strongly associated with more negative post-abortion experiences. A survey of 41-45 year old women showed that the rate of attempted suicide was 13% for women who had only given birth, 17% for women who had never been pregnant, and 35% for women who had had abortions. Of those who had aborted, 30% of women who wanted their abortions had attempted suicide. Rates of attempted suicide for those who reported the abortion as inconsistent with their values was 36%, and for those whose abortions were unwanted, 33%. For women who reported coercion, 46% had attempted suicide.(2)

1. [The Unwanted Abortion Studies: Coercion, Pressures, Distress, and Suicide Risk • AfterAbortion.org](#)
2. Reardon, D. C. (2025). Suicide risks associated with pregnancy outcomes: a national cross-sectional survey of American females 41–45 years of age. *Journal of Psychosomatic Obstetrics & Gynecology*, 46(1). <https://doi.org/10.1080/0167482X.2025.2455086>



**Prayer:** Dear Father God, please have mercy on women and teens who are subjected to pressure and coercion to abort. Help them to feel your loving arms around them and send your Holy Spirit to give them strength and perseverance. Help them to find the support and resources they need to feel free to choose life. Help parents and others to understand the devastating consequences of abortion and the amount of help available.

Help church communities to make it clear to their members that they will support mothers in crisis pregnancies, not judging the mother or her parents. Help everyone to realize that women who have aborted may have been coerced, and should not be judged, but helped to heal from the experience.



**Action:** Actions that can help prevent coerced and unwanted abortions:

1. **Talk to parents and young people** about both the physical risks of abortion and the devastating emotional affect that abortion can have, and the help available from [OptionLine.org](#). Articles and statistics about the effects of abortion can be found at [AfterAbortion.org](#).
2. **Support legislation to criminalize coerced abortion.**