



Christian Voices for Life

Wednesday Word

Education

Prayer

Action

How to Be Actively Pro-life Even if Uneasy with Public Contact



Education: You would like to be actively contributing to the pro-life movement, but you are just not cut out for counseling at a pregnancy center or praying outside an abortion facility. You hesitate to talk to friends for fear of rejection or losing your friend. What can you do? First of all, there is a long list, at HowToBeProLife.com, of things you can do to be pro-life without putting yourself in a situation where you are uncomfortable. Ideas range from creating a pro-life prayer group, to writing letters to the editor. Your local pregnancy center would

love to have you clean their office or do a diaper drive. If you encounter a friend or neighbor who is dealing with an unexpected pregnancy, you can refer them to OptionLine.org or your local pregnancy center.

If you really want to help your pro-choice friends to become pro-life, there is lots of help available not only on how to answer specific arguments, but how to approach people in a way that encourages them to listen.⁽¹⁾ The first step is to find out how your friends feel about abortion. You probably already know some pro-lifers; discussing pro-life issues with them will be comfortable and can also be quite valuable. Many are not educated on topics like abortion pill reversal, or why IVF is not pro-life, or don't know how to answer some of the popular pro-choice positions. You can happily answer questions, or invite them to join you in a pro-life activity.

If you have a good friend who is pro-choice, they may have embraced that position because the slogans sound good and it seems to be the popular view, but they really haven't thought it through themselves. Or your friend may have been raised in a pro-choice family, or come into contact with pro-lifers who didn't seem to care about pregnant women. If abortion comes up, you can affirm common concerns for pregnant women, and listen to what their reasoning is on the legality of abortion. When you explain your perspective, you might be the first person to present the pro-life position in a way that makes sense to them. You probably won't see an instant conversion, but you have given them something to think about, and made them more open to hearing pro-life reasoning.

1. <https://equalrightsinstitute.com/pro-life-content/>, <https://christianvoicesforlife.org/apologetics/>



Prayer: Dear Father God, please help every pro-life individual to contribute to the pro-life movement in whatever way You are calling them to. Help them find the information and encouragement they need, and bless their efforts. Help them recognize opportunities to share their own involvement with pro-life activities, and ask others to join them. Help them to learn what they need to feel confident in talking to pro-choice friends and in think about how they might talk to the pastor or others at their church to increase their support for pregnant women who might be tempted or pressured to choose abortion, as well as help single mothers.



Action: First of all, pray every day for an end to abortion. Think about who you know who is pro-life, and talk to them to see if they are active, or would like to be. Ask other friends what their feelings are, and how committed they are to their viewpoint. Check out the [list of ways to be pro-life](#) and brainstorm with your pro-life friends on what you might do – maybe even together. Be sure your friends know about the [Option Line](#), and perhaps get some [business cards](#) that you can leave at laundromats, or near pregnancy tests at the store.