



Christian Voices for Life

Weekly Pro-Life

Education

Prayer

Action

Why Pregnancy Centers Don't Offer Contraceptives



Education: Pregnancy help centers exist to prevent abortion. They help women in difficult situations with the support they need to choose life. Some supporters think that pregnancy centers should offer contraception to help prevent unwanted pregnancies and therefore prevent abortions. However, the *Commitment of Care and Competence*, the national standard of ethical practices for all major life-affirming pregnancy help affiliate groups in the U. S., states that “We do not offer, recommend or refer for abortions, abortifacients or contraceptives.”(1) First of all, hormonal contraceptives can in fact act as abortifacients, that is to cause the loss of a child’s life already begun.(2) In addition, studies

show that contraceptives contribute to an increase in abortions.(3) Without contraception, women would often refuse sexual intimacy with anyone they were not prepared to have a child with. Contraception gives the false promise of sex without consequences. With a failure rate of 7 – 13% - **per year** – (4), it is actually quite likely that a woman using the pill for many years will eventually get pregnant – and then be open to abortion.

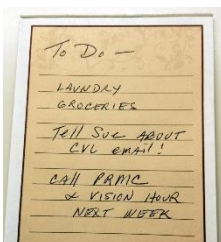
Pregnancy help centers care about women and offer them only the healthiest life-affirming options for her physical, emotional and spiritual health. We must encourage her to choose sexual integrity and affirm that she has the strength to resist temptation to engage in sex outside of marriage. The pill does not prevent sexually transmitted infections, broken relationships or broken hearts, and has serious health risks. (5)

1. <https://www.heartbeatservices.org/hb-statement-contraceptives-in-pho>
2. <https://www.hli.org/resources/abortifacient-brief-birth-control-pill/>
3. <https://www.hli.org/2017/10/contraception-leads-abortions/>
4. <https://www.cdc.gov/reproductivehealth/contraception/index.htm>
5. <https://www.christianvoicesforlife.org/documents/2019/5/Birth-Control-Pills-NOT-SAFE-with-refs.pdf>



Prayer: Dear Jesus, Please call many women to serve as client advocates in pregnancy help centers. Help the centers to do the best job possible in recruiting and training their client advocates. Help both staff and volunteers to listen well and help each client with the particular information they need. Help clients be open to hearing about reasons to practice sexual integrity and avoid the use of contraceptives. Help all women to understand your plan for sexuality, to be an expression of committed love within marriage, open to the creation of life. Help married couples to learn about the natural way to manage the size of their family

with fertility awareness based methods.



Action: Many women using contraceptives think that they “can’t” get pregnant. If you know someone who is sexually active but using contraceptives, ask them what they know about the risks and the failure rate for whatever method they are using. Ask if they are aware of the abortifacient aspect of hormonal contraceptives, and finally, what they would do if they did get pregnant. Share with them information on the [risks of contraceptives](#) and the alternative of [fertility-awareness based methods](#) such as Natural Family Planning.