



Christian Voices for Life

Weekly Pro-Life

Education

Prayer

Action

What Happens After the Abortion?



Education: Jamie was 19 when she lost her virginity to her first serious boyfriend and became pregnant. She was happy about the pregnancy, but her mother was not. Her mother and her boyfriend arranged for an abortion without consulting her. Jamie submitted to the pressure and went along with the abortion. She began to cry as they drove away. She began drinking alcohol, smoking pot and doing cocaine. She lost her job and her apartment. The downward spiral of her life continued as she suffered from guilt, shame, and regret, until she eventually attended a healing program. (1)

Lynn was 22 and engaged to be married, but she and her fiancé were not ready for a child, and she had an abortion. The sounds of a vacuum and the metal lid of a garbage can clanging shut made her cringe for decades. Her husband left after a few years. She went through life running away from baby showers and children's events, but eventually realized that there was something very wrong with her not wanting anything to do with babies as she watched her friends rejoice over each other's children and then grandchildren. After 38 years she saw ultrasound images of a child in the womb. She started reading about abortion and its effects on women. At a Rachel's Vineyard retreat she wrote "I love you. I miss you. I honor and remember you. I carry you in my heart every minute of every day. No longer are you a secret hidden behind the demons of fear, guilt, shame, and regret." (2)

1. "Healing the Broken-hearted" from Jamie, Florida from <https://silentnomoreawareness.org/testimonies/>
2. "Chloe's Cry" from Lynn, South Carolina <http://www.silentnomoreawareness.org/testimonies/testimony.aspx?ID=3833>



Prayer: Dear Father God, please have mercy on women who have been wounded by abortion. Many were coerced by family or partner, or just felt that they had no other choice. Some had been deceived by those proclaiming loudly that abortion was a woman's right. But they know deep inside, that what they did was wrong; that You entrusted an innocent child to their care, and they allowed that child to be killed. They acted totally against their maternal instinct to nurture their child. Some women suffer physical consequences, but so many suffer from the pain of guilt and shame. Help each of these women come to know Your love, forgiveness, and healing.



Action: Be prepared to refer anyone you know who has an abortion in their past to a post-abortion healing ministry. Help can be found at [Rachel's Vineyard](#), [Surrendering the Secret](#), or [SaveOne.org](#). Even if you are not sure that a past abortion is source of your friend's problem, you could mention that you have just read about post-abortion ministries and how much they can help women who are hurting after abortion. Perhaps you could say how glad you are that women have that resource to heal from it, whether they were pressured into it, or thought they wanted it themselves.