



Christian Voices for Life

Weekly Pro-Life

Education

Prayer

Action

A Father's Pain and Shame



Education: Craig lived on the wild side when he was young. His girlfriend got pregnant, and wanted to have their baby. But he would have none of it. He had no desire to take on the responsibility of a child. He “bullied” and “badgered” (his words) his girlfriend into having an abortion. But years later, he realized that his selfishness and ego had led to a lifetime of regret and depression for him and his girlfriend. He felt as much pain and regret for the sorrow he had caused his girlfriend as for the death of their child. Until he found healing, the time before Father’s Day each year was filled with guilt

and shame. (1)

In other cases, fathers wanted their children and were extremely distressed at their inability to protect their child. In a few cases, suicides have been linked to the loss of a child to abortion.(2) Sometimes a young man feels like he had no right to interfere with her choice so he says he will support whatever she decides. She concludes he doesn’t really want the baby and might be resentful of her imposing the responsibility of the child on him. Not wanting to “entrap” him or be a single mother, she plans an abortion. One young man took his girlfriend to the clinic but then came out and asked two men who were praying outside how he could stop her from aborting. When they asked if he had told her his feelings, he said no! So they sent him inside to tell her and they soon both came out and went home. In another case, 30 years after helping his girlfriend get an abortion, a man’s wife insisted that he get help for his anger. Counseling uncovered the abortion as the root cause, which had distanced him from God and affected all his relationships. Participating in a healing program for fathers enabled him to forgive and find forgiveness, and to experience a new joy in life! (3)

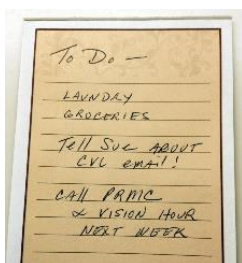
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1. <http://www.lifenews.com/2018/06/14/fathers-the-forgotten-victims-of-abortion/>
2. <https://afterabortion.org/mens-pain-and-need-for-healing-after-abortion-is-real/>
3. Jerald, “Freedom” testimony posted on <http://www.silentnomoreawareness.org/testimonies/testimony.aspx?ID=2791>



Prayer: Dear Father God, please have mercy on men who have lost children to abortion. Whatever their role may have been in the abortion, they have lost a child. Help them to be honest with themselves and to express their feelings in healthy ways. Help them to find healing and be able to participate in truly loving relationships.

Please help all men to look to you for the strength and wisdom to be good fathers to their children, and to freely express their love for them. Help fathers in crisis pregnancies to have the wisdom and strength to accept their responsibilities and show their love for both mother and child by strongly encouraging the choice for life.



Action: Take any opportunity you may have to speak to young men about the wonderful rewards as well as the serious responsibility of fatherhood. If you suspect that a male friend may be suffering from a past abortion, mention to him that you have learned how men can suffer after abortion and that confidential help is available to help men work through their grief. To find an abortion recovery care program near you, click [here](#). For a resource exclusively about and for men suffering after abortion, see the [Men and Abortion Network](#).