



Christian Voices for Life
Weekly Pro-Life
Education
Prayer
Action

Petition to Center for Disease Control re. FABMs



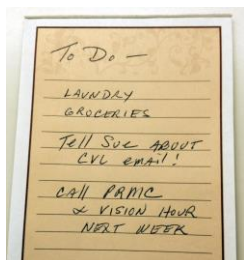
Education: Hormonal contraception is big business. Pharmaceutical companies selling pills, patches, and shots spend lots of advertising dollars to sell their wares in a competitive market. But all these methods have serious side effects: increased risk of blood clots and breast cancer. Some women are also troubled by side effects such as weight gain and moodiness. There is a group of very effective alternative methods of family planning that are completely free of side effects, but little known because there is no profit motive to spend advertising dollars on their behalf. Very few physicians are well informed about Fertility Awareness Based Methods (FABMs) of family planning, but in the interests of informed consent, should become aware of these alternatives to offer their patients.

One reason for physicians' lack of interest in FABMs is that the data shown on the CDC web site shows a high failure rate for these methods. (1) The data they cite, however, is old and comes from flawed studies. More recent, controlled and large scale studies show very low failure rates for these methods. (2) The American Academy of Family Physicians contacted the CDC in April of 2016 to request an update of the data, but received no response. A petition has been organized to ask the CDC to update the data, hoping that a large number of signatures will get their attention and spur some action.

1. https://www.cdc.gov/reproductivehealth/unintendedpregnancy/pdf/contraceptive_methods_508.pdf
2. http://epublications.marquette.edu/cgi/viewcontent.cgi?article=1015&context=nursing_fac



Prayer: Dear Jesus, Please help the truth to be widely known about the availability and effectiveness of using Fertility Awareness Based Methods to help regulate the size of families. Help physicians to be motivated to provide accurate information to their patients about all their options. Help couples to be open to the information and be willing to learn one of these methods, and to exert the self-discipline needed for periodic abstinence during the fertile time, if they are seeking to delay pregnancy. Help couples to be encouraged by the low divorce rate enjoyed by couples using these methods.



Action: Go to <http://petition.naturalwomanhood.org/CDC/scriptmedical/> to read and sign the petition to the Center for Disease Control. Share the link with your friends on Facebook, and through emails. Think about which of your friends might be using contraception and ask if they are aware of FABMs. Direct them to www.FactsAboutFertility.org or www.naturalwomanhood.org.

Sign up for weekly emails at www.ChristianVoicesforLife.org/weekly-emails