

## **NaPro Technology**

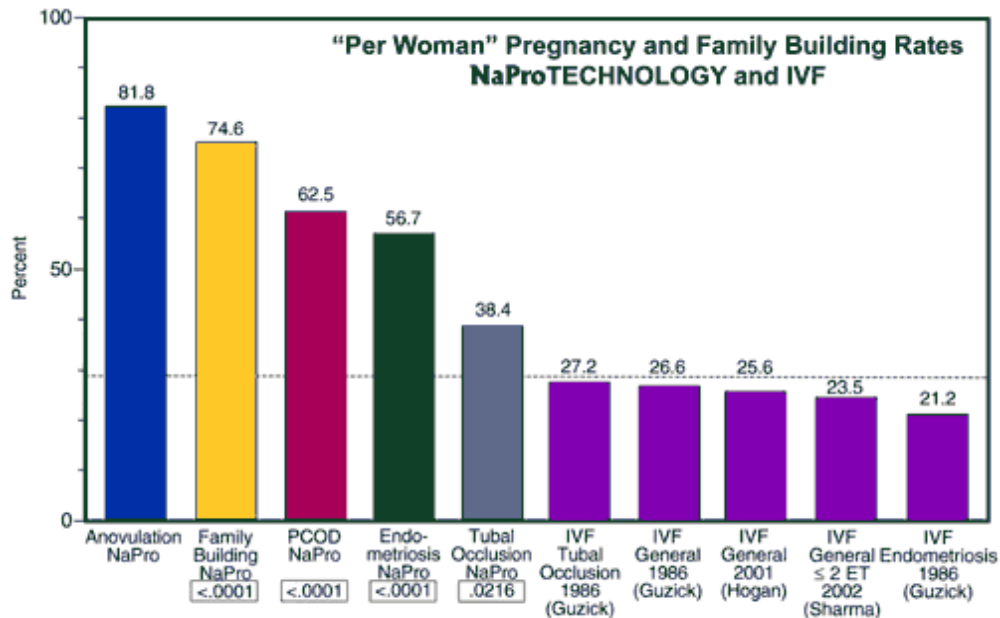
**What is NaPro Technology?** Natural Procreative (NaPro) Technology is a new women's health science that monitors and maintains a woman's reproductive and gynecological health.(1) It provides medical and surgical treatments that cooperate completely with the reproductive system. A woman's cycle is monitored by observing patterns of the existence and type of mucus secretion and bleeding. These observable changes correlate strongly with hormone levels and can be very indicative of which days of the cycle a woman is fertile. If the information is used to avoid pregnancy by refraining from intercourse on fertile days, or to achieve pregnancy by planning intercourse on fertile days, it is referred to as Natural Family Planning. In the case of infertility, it can be used to help diagnose the cause of the infertility.

Infertility is a symptom of underlying disease. After the advent of In Vitro Fertilization, doctors began to skip over trying to identify and treat the underlying causes of infertility and simply replace the natural process with a different one. (2) (The alternative method of IVF disrespects human life by creating a greater number of embryos than the parents have the intention of raising. "Extra" embryos are either discarded, frozen, or donated to research (and killed).) However, diagnostic techniques have improved and the monitoring of mucus patterns, as well as measurement of hormone levels, over the course of the cycle provides information that can be obtained no other way. NaPro Technology cooperates completely with the reproductive system and seeks to restore normal function rather than replace it.

NaPro Technology provides medical and surgical treatments for the problems identified by close observation of the cycle. One case mentioned on the web site involved a woman with dry cycles (no mucus) and seven years of infertility. The use of Vitamin B6 as a mucus enhancing supplement and fertility-focused intercourse during the fertile period were all that were required to achieve pregnancy.(3) While many training programs for the subspecialty of reproductive endocrinology (including the treatment of infertility) have focused on the skills needed for in vitro fertilization (IVF) and other techniques of assisted reproductive technology (ART), NaPro Technology has developed improved surgical techniques for detecting and removing endometriosis and removing obstruction from blocked fallopian tubes. (4)

### **Success Rates of NaPro Technology vs IVF**

Figure 51-38, p. 691 from the NaPro textbook is shown on the naprotechnology web site.(2) The "per woman" pregnancy and family-building rates comparing NaProTECHNOLOGY and in vitro fertilization (From: Pope Paul VI Institute research, 2004 and the listed references).]



In Figure 51-38, a comparison is made of the “per woman” pregnancy rates between the NaProTECHNOLOGY approach and *in vitro* fertilization. This study shows that a NaProTECHNOLOGY approach for women who have anovulatory infertility, polycystic ovarian disease, endometriosis, or tubal occlusion, all have statistically significantly higher pregnancy rates than patients with similar conditions treated with *in vitro* fertilization.

Doctors who practice NaPro can be located at [www.fertilitycare.org](http://www.fertilitycare.org).

Related information:

CVL Information sheet: In Vitro Fertilization and the Fertility Industry, which includes information on God’s plan for reproduction and family life. (See <http://www.christianvoicesforlife.org/information sheets.html>.)

References:

1. [www.NaProTechnology.com](http://www.NaProTechnology.com)
2. <http://naprotechnology.com/infertility.htm>
3. Case # 1, <http://naprotechnology.com/infertility.htm>
4. <http://naprotechnology.com/surgical.htm>

This information has been compiled by Christian Voices for Life of Fort Bend County. [www.ChristianVoicesforLife.org](http://www.ChristianVoicesforLife.org)